



## MSC

### Your Commitment as a Parent

As a parent of an emerging athlete, the commitment asked from you is in many ways as high as that of the player.

The ability of an athlete and their support group to withstand these pressures and challenges helps define their success. No athlete makes it at an elite level without a strong commitment to do so, fueled by a passion to succeed, and a dependable support group from family and teammates.

### PLAYERS CODE OF CONDUCT

- 1) Arrive 15 minutes early for practice and 30 minutes for games. Tardiness will be recorded.
- 2) Come motivated and ready to practice or play with a professional attitude.
- 3) Advise coaching staff at least 4 hours in advance if you cannot attend training. Any less notice will be deemed unacceptable.
- 4) If a player fails to attend training session during the week for any reason that is not deemed acceptable, he/she may not start the next game.
- 5) If not dressing or if suspended, players must attend games regardless,
- 6) Acceptable reasons for missing a training session or game are as follows: illness, family or religious function, vacation, or family emergency. Any other reason than those mentioned will be deemed unacceptable.
- 7) All injured players must attend training sessions and games. All Injured players are encouraged (if possible) to perform their rehabilitation exercises on the training ground.
- 8) Players must be in full training gear at every session.

- 9) Coaches reserve the right to ask a player to sit out of a training session if the player is being disruptive or not putting forth any effort. In extreme cases the player will be asked to leave the training session.
- 10) Players must respect coaches, teammates, officials, parents, and opponents. Failure to do so could result in a possible suspension.
- 11) Players represent the club and must always conduct themselves in a proper manner, both on and off the field.
- 12) All disciplinary actions will be handled by the coaches and/or club officials who reserve the right to; reduce playing time; suspend for a period; possible expulsion from the team.
- 13) All players fines will be paid by the players family
- 14) All electronic devices (cell phones, video games, etc.) are to be turned off before arrival to practices, games, or team events, and left off until you depart.
- 15) Equal playing time will not be guaranteed — performance and commitment will be rewarded. Player selection will be based on past game performance and training performance.
- 16) Once players arrive for training and/or games, they are in the hands of the coaches. No parental interaction is allowed.
- 17) Players are responsible for packing their own bags and making sure they come/leave fully equipped with all uniform and equipment necessary for practice and play.

## **PARENTS - CODE OF CONDUCT**

- 1) Parent(s)/Guardian(s) must respect all coaching staff and club/league officials. Understand that player selection, and tactical decisions are made by the coaches and parent(s)/guardian(s) must respect these decisions.
- 2) Advise coaching staff of any scheduled vacations before signing the commitment letter
- 3) Parent(s)/Guardian(s) to respect the 24-hour rule (cooling off period). Remember you are representing your son/daughter and the club.
- 4) Parent(s)/Guardian(s) are to encourage players positively, support coaches, and leave the coaching to the club officials.

- 5) Parent(s)/Guardian(s) to respect all players and encourage/cheer for them just as you would your own child.
- 6) Parent(s)/Guardian(s) are not allowed to yell tactical or coaching instructions from stands or sidelines. It does not enhance their performance, and it may compromise what the coach is trying to teach.
- 7) Parent(s)/Guardian(s) to control their temper. Respect match officials and opposing parent(s)/guardian(s), Any fines incurred by the club due to parent(s)/guardian(s) behaviour to be paid by parent(s)/guardian(s) at fault.
- 8) A 3-strike rule for repeated infractions will be in place and will be reviewed by the club and parent/parents may be asked to not attend any training sessions and games for the rest of the season.
- 9) If any parent(s)/guardian(s) have any grievance/complaint, it must be put in writing to the coaching staff and club. A meeting will be arranged to resolve the issue.
- 10) If parent(s)/guardian(s) would like to speak to a member of the coaching staff, the request must be sent via email to the T/D to arrange a time to call or meet. Random phone calls will not be accepted. Most correspondence will be by email.
- 11) Parent(s)/Guardian(s) are more than welcomed to watch training sessions, but under no circumstances allowed to enter the playing field.

Any MSC player, parent(s)/guardian(s), or spectator violating this Code of Conduct may face disciplinary action up to and including a permanent ban from all activities.

Player Name:

Guardians Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# MSC

## SOCIAL MEDIA POLICY

The MSC recognizes the importance of using social media services to improve communications with our community and club members. These services include, Facebook, YouTube, and Twitter, Google Calendar and multiple MSC Micro Sites and/or other social media tools not listed. It gives people access to immediate information and updates, conversations with MSC staff and rich multimedia experiences - depending on the social media service.

To ensure that these social media services are used in a positive matter, the MSC has developed the following guidelines:

- Any online postings must be consistent with MSC policies and guidelines and will apply to the MSC Board of Directors, technical trainers, coaches, managers, assistants, players, parents, volunteers, office staff and membership.
- The MSC reserves the right to post or remove club related social media content.
- MSC Board of Directors will need to approve all social media services or tools.
- The MSC name, initials, logo's and/or visual identity cannot be used for any social media without the MSC Board of Director's approval.
- The purpose of using social media services is to support the MSC mission, goals and programs.
- Members are not permitted to post information, photos, or other representations of sexual content inappropriate behaviour, or items that could be interpreted as demeaning or inflammatory.
- Members are not permitted to post any racial sexist, homophobic, anti-religious, threats of violence, harassment, or any other comments of that nature,
- Negative comments about officials or any other member is not permissible
- Any Information, announcements, and news to be approved by the Director of Communications or assigned MSC Board of Director.
- Confidential or proprietary club information or similar information of third parties, who have shared such information with you on behalf of the MSC, should not be shared publicly on these social media channels unless approved by the Director of Communications or assigned MSC Board of Director.
- A healthy dialog with constructive criticism can be useful but refrain from engaging in dialogue that could disparage others
- Be mindful that all posted content is subject to review in accordance with MSC Privacy Policy and Terms and Conditions.
- Please refrain from reporting, speculating, discussing, or giving any opinion's on MSC topics or personalities that could be considered sensitive, confidential, or disparaging.
- The MSC encourages technical trainers, coaches, managers, assistants, players, parents, volunteers, office staff and membership, board members and the club's supporters/community (social media fans) to use social media but reminds users that at any time they can be perceived as a spokesperson of the MSC and held accountable.

# MSC

## A FEW THINGS TO CONSIDER ABOUT SOCIAL MEDIA

- Be genuine: social media is all about people connecting with people. Remember to humanize your social media interactions.
- Be truthful: Make sure you have all the facts before you post. Cite and link to sources whenever possible to help build a community.
- Be respectful: Respect for the dignity of others and to the civil and thoughtful discussion of opposing ideas is critical. Feel free to respectfully disagree with a position but please do not propagate online confrontation as it reflects poorly
- Be positive: A good rule of thumb: if you would not say it in person, don't say it online.
- Encourage open conversation: Listen to people and respond to as many comments as possible with constructive feedback.
- Allow comments: A good philosophy for comments is to encourage thoughtful discussion, debate, and differing viewpoints, with the understanding that all comments made must be civil, respectful, and appropriate for your audience. You will be held accountable if comments are lewd, libelous, incite violence or are otherwise hurtful including hateful speech directed at either individuals or groups.
- Everything you post is public information: Any comments, text or photo placed online is completely out of your control the moment it is placed online — even if you limit access to your site. Information (including photos, videos, comments, and posters) may be accessible even after you remove it.
- What you post may affect your future: Many university school admissions officers, scouts, professional teams, national governing bodies, volunteer organizations and employers review social networking sites as part of their overall evaluation of an athlete, candidate, or employee. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including photos, videos, comments, and postings).
- Always think twice before posting: If you wouldn't want your parents, friends, coaches etc. to read what you have posted then DON'T, child/ward (collectively the "Images), to use, transmit, publish, and sell such Images, in any format, style, form or media. This consent will remain in effect in perpetuity
- I further agree that all Images, plates, negatives, and masters relating to the foregoing will be owned by Ontario Soccer.
- I hereby fully release, discharge, and agree to save harmless Ontario Soccer, for any and all claims, demands, actions, damages, losses or costs that might arise out of the collection, use or disclosure of the Images or taking, publication, sale, distortion of the Images, plates, negatives, and masters or any other likeness or representation of me/my child/ward that may occur or be produced in the taking of said Images or in any subsequent processing thereof, including without limitation any claims for libel, passing off, misappropriate of personality or invasion of privacy.

- I UNDERSTAND AND AGREE, that I have read and understood the terms and conditions of this document. On behalf of me, my heirs, and assigns, I agree that I am signing this document voluntarily and to abide by such terms and conditions.

I have read and understand the above and agree to comply with them as outlined

Parent/Guardian Signature \_\_\_\_\_, Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_, Date \_\_\_\_\_

Issued and Agreed to By \_\_\_\_\_, Print Name \_\_\_\_\_

## **PLAYING TIME**

Playing time in games is a necessary part of the development of each player. At the same time, it is important to understand that MSC player membership does not guarantee equal play or specific position.

The player's playing time and position on the field will be determined by the coaching staff and decisions will be made in consideration of what is best for both the team and the individual.

Above all others when it comes to developing players. Therefore, attending practices to improve personal performances will enhance one's opportunity/chances to showcase themselves in the weekly game. Having the attitude of I just need to attend practice to play will not be enough to warrant enough playing time in an competitive environment.

The individual level of the player's fitness will play a very big part in team selection. The higher the level of game fitness the more playing time can be earned. If a player does not meet the requirements of being above the average benchmarks established, they will receive minimum playing time at best at the discretion of the Head Coach.

Players may be asked to play different positions during a game or within the season. All players should have the attitude/desire to do what is necessary for the team and display an attitude of wanting to compete and play against the best.

Whatever the reason may be, all players on the sidelines are to be supportive of the players on the field no matter the reason for not starting, being substituted, or not entering the game.

## **ROSTERS**

Rosters serve as a baseline for how teams will train and practice together. Rosters will be formed by the coaching staff so that all players are at a similar level to maximize their individual player development. At the discretion of the coaching staff, some players may be asked to practice and/or play with a different team for specific games or tournaments, this includes playing up a year. It is to be understood that the players belong to the program and not necessarily to a specific team.

## **GAME DAY ACTIVITY RESPONSIBILITIES**

Punctuality is important as the staff have protocol to meet. Having players arrive during or after reviewing tactics or having a team talk will not allow due preparation time.

- Players are to arrive early not on time.
- Players are to bring both sets of uniforms in full.
- Players are responsible for their own preparation time on game day and not expecting instructions from the Head Coach to begin.
- Head/earphones and cell phone use is not permitted during this time.

## **TIME PRIOR TO KICK-OFF**

1. Game Sheets/Player Books provided to officials
2. Players dressed for Game 45 minutes
3. Team Talk with Coach regarding review of Game Tactics.
4. Warm-up Begins 30 minutes before kick off.
5. Player equipment check/team and match officials shake hands\* 5 minutes
6. Coin Toss 2 minutes
7. Last minute instructions to team and individuals 2 minutes
8. Kick-off

## **PLAYER EVALUATION MEETINGS**

Formal meetings per calendar season, 2 of them will be written, one indoor and one outdoor

- Verbal meetings with players are ongoing.
- Written evaluations, by the club to be handed back to players to review.

The purpose of the Player Evaluations is to help a player and his/her parents identify his/her strengths and weaknesses to aid them in working to improve those areas. The evaluation can also let the player/parent know where they fit in on a team. The goal is to provide an honest assessment of a player's ability.