

# MOOREDALE CAMP LUNCH MENU AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>29</b>	<b>30</b>	<b>SENIOR DAY TRIP - 31</b>	<b>1</b>	<b>2</b>
Baked white meat chicken fingers, home fries, salad  (V = soy sticks)	Penne with ground chicken/ (V) tomato sauce, garlic bread, green salad	Tacos with all the fixings, tortilla chips and mild salsa  (V = ground soy tacos)	Honey garlic meatballs with rice, green mixed salad  (V = falafel balls)	PIZZA DAY PLUS SENIOR DAY TRIP BAGGED LUNCH
SNACK - NACHO CHIPS AND SALSA	SNACK - CHEESE CUBES AND TRISKETS	SNACK - YOGHURT TUBES & GRAHAM CRACKERS	SNACK - MUFFINS	SNACK - PITA AND VEG AND DIP
<b>5</b>	<b>6</b>	<b>7</b>	<b>ALL CAMP TRIP - 8</b>	<b>9</b>
<b>NO CAMP TODAY</b>	Fusilli with meatballs or (V) tomato sauce, french loaf & Caesar salad	All Day Breakfast Pancakes, scrambled eggs, chicken sausage  (V = veg sausage)	Burgers with chips and veggies with ranch dip  (V = veggie patties)	PIZZA DAY
SNACK - YOGHURT TUBES & GRAHAM CRACKERS	SNACK - CHEESE CUBES AND TRISKETS	SNACK - NACHO CHIPS AND SALSA	SNACK - MUFFINS	SNACK - PITA AND VEG AND DIP
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Breaded chicken burgers on whole wheat rolls, no fry fries & Caesar salad  (V = veggie patties)	Penne with ground chicken or (V) tomato sauce, garlic bread, green salad	Honey garlic meatballs with rice, green mixed salad  (V = falafel balls)	Baked white meat chicken fingers, home fries, salad  (V = soy sticks)	PIZZA DAY
SNACK - YOGHURT TUBES & GRAHAM CRACKERS	SNACK - CHEESE CUBES AND TRISKETS	SNACK - NACHO CHIPS AND SALSA	SNACK - MUFFINS	SNACK - PITA AND VEG AND DIP
<b>19</b>	<b>20</b>	<b>21</b>	<b>ALL CAMP TRIP - 22</b>	<b>23</b>
Baked "popcorn" chicken, no fry fries, green salad  (V=chick'n bites)	Fusilli with meatballs or (V) tomato sauce, french loaf & green salad	Chicken hot dogs, green salad & pasta salad  (V = veggie dogs)	Burgers with chips and veggies with ranch dip  (V = veggie patties)	PIZZA DAY
SNACK - YOGHURT TUBES & GRAHAM CRACKERS	SNACK - CHEESE CUBES AND TRISKETS	SNACK - NACHO CHIPS AND SALSA	SNACK - MUFFINS	SNACK - PITA AND VEG AND DIP

**MEALS ARE ALL SERVED WITH A DAILY FRESH FRUIT & RAW VEGETABLE, PLUS SALAD AS ABOVE.**

**ALL FOOD IS PREPARED IN OUR NUT, SEED AND PORK FREE KITCHEN.**

**BAGGED TO-GO LUNCHESES FOR SENIOR FIELD TRIPS ARE TURKEY/CHEESE OR WOW BUTTER/JAM SANDWICHES, WITH FRUIT, VEG AND A COOKIE**

**(V) =VEGETARIAN/VEGAN. GLUTEN, DAIRY OR EGG FREE MEALS AVAILABLE UPON REQUEST.**

**Children are welcome to come for seconds!!!**

**TLM (The Lunch Mom) Catering Inc.**