

# WEATHER POLICY

At Mooredale SC, the safety of our players, coaches, officials, and spectators is the primary concern in any weather event that occurs during our programming (e.g. practices and games). In the case of inclement weather, our field supervisors have the final say over whether a game or practice will be delayed, restarted, or cancelled. They will communicate this to all coaches, players, officials, and spectators.

## Lightning

In the case of lightning, MSC will adhere to the Canadian Soccer Association's 30/30 Rule. Our referees and field supervisors will monitor weather conditions and apply the rule as required.

### 30/30 Rule

When you see lightning, count the time until you hear thunder. If this time is thirty (30) seconds or less, seek proper shelter. Wait thirty (30) minutes or more after hearing the last thunder before leaving the shelter. If you cannot see the lightning, just hearing the thunder is a good back up rule.

## Rain

Games and practices are able to take place in the rain; however, continued heavy rainfall affecting visibility, and large amounts of standing water on the field may result in cancellations. Continuing to play in these conditions may be dangerous for the players, and could cause significant damage to the field, impacting future games and practices. Field supervisors will continually assess the field and weather conditions to determine whether play needs to be halted.

## Extreme Heat

Like many clubs, MSC does not cancel games or practices due to extreme heat. In the case of extreme heat, there will be additional breaks added to games and practices to ensure that players, coaches, and officials have an opportunity to hydrate themselves. Included below are some resources relating to hydration and heat injury indicators.

## Weather Hotline

In the case of inclement weather, we ask that you check our weather hotline prior to the event (e.g. practice or game). Our staff will endeavour to update the hotline with any cancellations or notices that our members need to know.

[Weather hotline: 416.922.3714 ext. 222](tel:4169223714)

## Resources:

[Prevention & Identification of Heat-Related Injuries](#)